



www.eltenampakissimmee.com
4563 West Irlo Bronson Memorial Hwy
Kissimmee, FL 34746
Ph:(407) 397-1981
(407) 397-1987

BOTANAS

Appetizers

GUACAMOLE \$7.99 GUACAMOLE DIP

QUESO FUNDIDO \$10.99 With chorizo

TAQUITOS DORADOS \$8.99

TENAMPA SAMPLER \$11.99

QUESO DIP \$7.99

VIVA MÉXICO \$6.99 Cheese & Beans.

ESQUITES \$7.99



Tenampa Sampler



Esquites

MEXICO

Viva

TACOS \$2.50

TORTAS \$10.99

ASADA, LENGUA, TRIPA, CARNITAS

POLLO, BUCHE, CUERITOS, BIRRIA

Steak, Tongue, Tripe, Pork, Chicken.

PASTOR, CHORIZO

Marinated Pork, Mexican Sausage.

MILANESA BREADED STEAK OR CHICKEN

FISH OR SHRIMP TACO \$3.50

Tacos

NACHOS

Servidos con queso dip, frijoles, lechuga, guacamole, Pico de Gallo, crema y jalapeños.

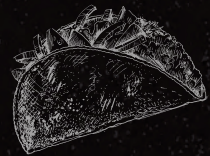
Served with cheese dip, beans, lettuce, guacamole, Pico de Gallo, sour cream and jalapeños.

ASADA, POLLO O CERDO \$9.99

Steak, Chicken or Pork.

CAMARÓN O MIXTOS \$11.99

Shrimp or Mix.



Torta



18% GRATUITY WILL BE INCLUDED IN PARTY OF 6 OR MORE.

EN MESAS DE 6 PERSONAS O MÁS, SE INCLUIRA 18% DE PROPINA.

PLATOS TÍPICOS MEXICANOS

Typical Mexican Dishes

CHILAQUILES VERDES O ROJOS \$9.99

Green or red chilaquiles.

CHILE RELLENO DE QUESO \$10.99

Stuffed pepper with cheese.

ENCHILADAS VERDES O ROJAS \$12.99

Green or red enchiladas.

ENCHILADAS DE MOLE \$13.99

Mole enchiladas (Mole: Mild sauce made from dry chiles, spices and chocolate)

FLAUTAS \$11.99

Chicken crispy tacos

TAMALES \$9.99

TOSTADAS

CEVICHE, SHRIMP \$5.99

CARNE ASADA, AL PASTOR \$4.99

Grilled Steak, Marinated Pork.



* CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELFISH, EGGS OR UNPASTEURIZED MILK MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS

* EL CONSUMO DE CARNES CRUDAS O POCO COCIDAS, MARISCOS, HUEVOS O LECHE NO PASTEURIZADA, PUEDE INCREMENTAR EL RIESGO DE INTOXICACIÓN.

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ENSALADAS Salads

TENAMPA SALAD \$8.99

Pollo o carne. w/chicken or steak.

TACO SALAD \$10.99

Pollo o carne. w/chicken or steak.



VEGETARIANOS

VEGETARIAN QUESADILLA \$9.99

Flour tortilla stuffed with mushrooms, onions, bell peppers and tomatoes, served with rice, beans, lettuce, avocado, sour cream and Pico de Gallo

VEGETARIAN FAJITA \$10.99

Sautéed mushrooms, onions, bell peppers, squash, broccoli and cauliflower, served with rice, beans, lettuce, avocado, sour cream and Pico de Gallo

VEGETARIAN COMBO \$11.99

Beans burrito and cheese enchilada, served with rice, beans & vegetables

VEGETARIAN CHEF \$10.99

Poblano pepper stuffed. Served with rice and vegetables

AFTER 2 CHIPS BASKETS PER TABLE, THERE WILL BE AN ADDITIONAL CHARGE

HOUSE Specials

All dishes are served with handmade corn tortillas

FIESTA TENAMPA \$59.99

Para 4 personas / Feed Up to 4 people.
Combinación de carnes a la parrilla, servido con arroz, frijoles, salsa, tomates, cebolla, pimientos y ensalada.

Grilled meats combination served with rice, beans, hot sauce, tomatoes, onions, bell peppers and salad.

ALAMBRE \$17.99

Carne de res, al pastor, pollo, chorizo y queso fundido, servido con guacamole, lechuga y Pico de Gallo.

Steak, al pastor, chicken, Mexican sausage and melted cheese, served with guacamole, lettuce and Pico de Gallo.

RIB-EYE CON CAMARONES \$25.99

Servido con arroz, frijoles, lechuga, guacamole y Pico de Gallo.

RIB-EYE STEAK W/SHRIMP

Served with rice, beans, lettuce, guacamole and Pico de Gallo.

MILANESA DE RES O DE POLLO \$14.99

Servido con arroz, frijoles, aguacate, tomates y lechuga.

BREADED STEAK O CHICKEN

Served with rice, beans, avocado, tomatoes and lettuce.

PARRILLADA EL TENAMPA

FOR ONE \$17.99 FOR TWO \$28.99

Servida con arroz, frijoles, guacamole, Pico de Gallo y lechuga.

EL TENAMPA MIX MEATS

Served with rice, beans, guacamole, Pico de Gallo and Lettuce.

BIRRIADILLADAS \$14.99

3 Quesadillas de birria con consomé.
3 Birria quesadilla with soup.

MOLCAJETE EL TENAMPA \$35.00

Camarones, pescado, bistec, pollo, cerdo y chorizo a la parrilla, servidos sobre una cama de vegetales rostizados.

Grilled shrimp, fish filet, steak, chicken, pork and chorizo served over a bed of grilled vegetables.



Fiesta Tenampa



Rib-Eye con Camarones



Parrillada El Tenampa



Molcajete El Tenampa



Birriadillas



STEAK

*EL TENAMPA STEAK \$18.99

Servido con arroz, frijoles, nopales, guacamole y Pico de Gallo.

With rice, beans, cactus, guacamole and Pico de Gallo.

*RIB-EYE RANCHERO \$20.99

Servido con arroz, frijoles, papa al horno y vegetales.

RIB-EYE STEAK RANCHERO STYLE Served with rice, beans, baked potato and vegetables.

*STEAK TAMPIQUEÑA \$19.99

Servido con arroz, frijoles, una enchilada y guacamole

Served with rice, beans one enchilada and guacamole.

*BISTEC ENCEBOLLADO \$15.99

Servido con arroz, frijoles, guacamole, Pico de Gallo y lechuga.

STEAK WITH ONIONS

Served with rice, beans, guacamole and Pico de Gallo.

*BISTEC A LA MEXICANA \$15.99

Servido con arroz, frijoles, Pico de Gallo, guacamole, lechuga y jalapeños.

MEXICAN STYLE STEAK

Served with rice, beans, Pico de Gallo, guacamole, lettuce and jalapeños.

*CARNE ASADA \$16.99

Servido con arroz, frijoles, guacamole, Pico de Gallo y lechuga.

GRILLED STEAK

Served with rice, beans, guacamole, Pico de Gallo and lettuce.

CECINA A LA PLANCHA \$16.99

Servido con arroz, frijoles, guacamole, Pico de Gallo y lechuga.

SALTED GRILLED STEAK

Served with rice, beans, guacamole, Pico de Gallo and lettuce.

CECINA EN SALSA VERDE O ROJA \$16.99

Servido con arroz, frijoles, guacamole, Pico de Gallo y lechuga.

IN GREEN OR RED SAUCE

Served with rice, beans, guacamole, Pico de Gallo and lettuce.

*COSTILLA DE RES A LA PLANCHA \$17.99

Servido con arroz y frijoles. Bandera.

GRILLED BEEF RIBS Served with rice and beans.

*ARRACHERA EL TENAMPA \$20.99

Servido con arroz, frijoles, nopales, cebolla, guacamole y Pico de Gallo.

EL TENAMPA SKIRT STEAK

Served with rice, beans, tender cactus, onions, guacamole and Pico de Gallo.



Rib-Eye Ranchero



Steak Tampiqueña

Costilla de Res a la Plancha



Arrachera El Tenampa

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MARISCOS

Seafood

Servidos con arroz, vegetales y ensalada.
Served with rice, vegetables and salad

***FIESTA DE MARISCOS \$27.99**

SEAFOOD MIX

PESCADO A LA PLANCHA \$13.99

GRILLED FISH

PESCADO EMPANIZADO \$15.99

BREADED FISH FILET

PESCADO A LA MEXICANA \$17.99

MEXICAN STYLE FISH

PESCADO A LA VERACRUZANA \$17.99

VERACRUZ STYLE FISH

MOJARRA FRITA AL GUSTO \$M.P

FRIED PORGIE

MOJARRA A LA DIABLA \$M.P

DEVIL STYLE PORGIE

MOJARRA AL MOJO DE AJO \$M.P

GARLIC STYLE PORGIE

CAMARONES EMPANIZADOS \$15.99

BREADED SHRIMP

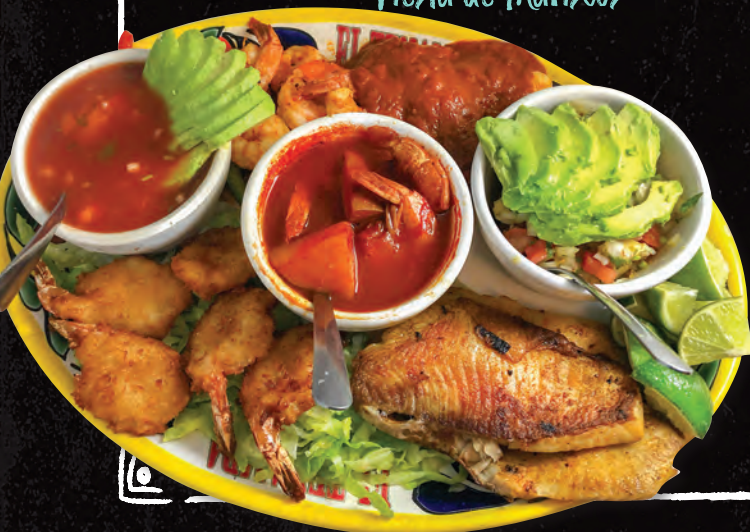
**CAMARONES AL MOJO DE AJO O
A LA DIABLA \$15.99**

GARLIC OR DEVIL STYLE SHRIMP

CALDO DE CAMARON \$13.99

SHRIMP SOUP

Fiesta de Mariscos



ESPECIAL

de la Casa

COCTEL DE CAMARON \$13.99

SHRIMP COCKTAIL

***SIETE MARES \$15.99**

SEVEN SEAS SEAFOOD SOUP

***CEVICHE DE CAMARON \$10.99**

SHRIMP CEVICHE

*Coctel de
Camarón*



Mojarra Frita





Burrito
Mojado



Huarache

BURRITOS & Quesadillas

CHOICE OF MEAT:

Asada / Steak
Lengua / Tongue
Pollo / Chicken
Cecina / Salted Beef
Carnitas / Fried Pork

Chorizo / Mexican Sausage
Tripa / Tripe
Pastor / Seasoned Pork
Birria / Steamed B.B.Q.
Camarón / Shrimp

BURRITO \$11.99

BURRITO MIXTO \$14.99 MIX BURRITO

BURRITO MOJADO \$13.99 WET BURRITO
Covered with sauce and cheese dip.

BURRITO MIXTO MOJADO \$15.99

MIX WET BURRITO

Covered with sauce and cheese dip.

QUESADILLA CASERA \$12.99

Deep fried quesadilla served with rice and beans.

QUESADILLA \$11.99 Served with rice and beans.

QUESADILLA DE CAMARÓN \$13.99

SHRIMP QUESADILLA

Served with rice and beans.

QUESADILLA MIXTA \$13.99

MIX QUESADILLA

Served with rice and beans.

CHIMICHANGA \$11.99 Served with rice and beans.

HUARACHES \$12.99

POLLO Chicken

ESPECIAL PECHUGA ASADA \$16.99

Servida con cebolla, pimientos, champiñones, zanahorias y papa horneada.

SPECIAL GRILLED CHICKEN BREAST

Served with onions, bell pepper, mushrooms, carrots and baked potato.

POLLO EN MOLE ROJO \$13.99

Servido con arroz y frijoles.

RED MOLE STYLE CHICKEN

Served with rice and beans.

POLLO AL CHIPOTLE \$13.99

Servido con arroz, frijoles y ensalada.

CHIPOTLE STYLE CHICKEN

Served with rice, beans and salad.

POLLO DE LA CASA \$14.99

Servido con arroz, frijoles queso fundido, hongos, cebolla, tomate y lechuga.

CHICKEN OF THE HOUSE

Served with rice, beans, melted cheese, mushrooms, onions, tomatoes and lettuce.

PECHUGA DE POLLO A LA PLANCHA \$12.99

Servido con arroz, frijoles y ensalada.

GRILLED CHICKEN BREAST

Served with rice, beans and salad.

CERDO Pork

CARNITAS DE CERDO \$10.99

Servidas con arroz y frijoles.

PORK CARNITAS Served with rice and beans.

CHULETA AHUMADA \$13.99

Servida con arroz, nopales, champiñones, piña, cebolla, tomates, lechuga, guacamole y Pico de Gallo.

SMOKED PORK CHOP

Served with rice, tender cactus, mushrooms, pineapple, onion, tomato, lettuce, guacamole and Pico de Gallo.

CHULETA DE CERDO A LA PLANCHA \$13.99

Servido con arroz, frijoles, nopales, cebolla, tomate, pimientos verdes, guacamole y Pico de Gallo.

GRILLED PORK CHOP

With rice, beans, cactus, onions, tomatoes, bell pepper, guacamole and Pico de Gallo.

FAJITAS

Tradicionales

FAJITA DE POLLO CHICKEN FAJITA
For One \$13.99 For Two \$24.99

FAJITA DE RES STEAK FAJITA
For One \$16.99 For Two \$28.99

FAJITA DE CAMARONES SHRIMP FAJITA
For One \$18.99 For Two \$31.99

FAJITA MIXTA MIX FAJITA
For One \$17.99 For Two \$30.99



SOPES \$5.99

CHOICE OF MEAT:

Asada / *Steak*

Pollo / *Chicken*

Carnitas / *Fried Pork*

Lengua / *Tongue*

Chorizo / *Mexican Sausage*

Birria / *Steamed B.B.Q.*

Cecina / *Salted Beef*

Queso Fresco / *Fresh*

Mexican Cheese

COMBO \$12.99

DOS OPCIONES A ESCOGER.

Servidos con arroz y frijoles.

Choose two.

Served with rice and beans.

1 TACO

1 CHILE RELLENO

1 BURRITO (Pollo o Carne) (Chicken or Steak)

1 ENCHILADA

1 TAMAL

AFTER 2 CHIPS BASKETS PER TABLE, THERE WILL
BE AN ADDITIONAL CHARGE.

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6 OR MORE.

EN MESAS DE 6 PERSONAS O MÁS, SE INCLUIRÁ
18% DE PROPINA.

DESAYUNOS Breakfast

Servimos de 10:00 am - 12:00 pm.
Served from 10:00 am to 12:00 pm.

Servidos con arroz y frijoles.
Served with rice & beans

HUEVOS A LA MEXICANA MEXICAN STYLE EGGS
*Scrambled eggs with onions, tomatoes
and jalapeños.*

HUEVOS CON NOPALITOS
EGGS WITH TENDER CACTUS

HUEVOS MONTADOS
STEAK & EGGS

HUEVOS RANCHEROS
RANCH STYLE EGGS
Fried eggs with sauce.

HUEVOS CON JAMÓN HAM & EGG

CHILAQUILES VERDES O ROJOS
CHILAQUILES WITH RED OR GREEN SAUCE



ORDENES Extras

Side Orders

TORTILLAS \$2.25 CORN TORTILLAS

ARROZ \$2.99 RICE

FRIJOLES \$2.99 BEANS

TAMAL \$3.50

Served with fresh mexican cheese and sour cream

CREMA \$2.99 SOUR CREAM

QUESO MOZZARELLA \$2.99

MOZZARELLA CHEESE

AGUACATE \$2.99 AVOCADO

CHILES TOREADOS \$2.99

Grilled jalapeños with onions

CEBOLLAS CAMBRAY A LA PARRILLA \$1.99

GRILLED GREEN ONIONS

NOPALES \$3.99 TENDER CACTUS

PICO DE GALLO \$2.99

GUACAMOLE CHICO \$3.99 SMALL GUACAMOLE

CHIPS & SALSA \$3.99 CHIPS & SAUCE

QUESO FRESCO \$3.99 FRESH MEXICAN CHEESE

POSTRES *Desserts*

PASTEL TRES LECHES \$6.99

Homemade three milks cake.

FLAN NAPOLITANO \$6.99

A custard dessert with a layer of clear caramel sauce.

HELADO FRITO \$7.99 FRIED ICE CREAM

CHURROS \$6.99

Mexican pastry resembling a doughnut or cruller and made from deep-fried unsweetened dough and sprinkled with sugar.

EL CARRITO \$ 10.99 Ice cream & churros

CHEESECAKE \$6.99

EL DORADO \$11.99

Helado frito, churros y buñuelos con un toque de canela y caramelo.

Fried Ice cream, churros and buñuelo, with a touch of cinnamon and caramel.

FINES de Semana WEEKENDS

MENUDO \$11.99 TRIPE SOUP

CALDO DE RES \$11.99 BEEF SOUP

BIRRIA \$11.99 STEAMED B.B.Q.

POZOLE \$11.99

Traditional Mexican pozole is a rich, brothy soup made with hominy and pork.

Pastel Tres Leches



Flan



Cheesecake



El Dorado



El Carrito



5 Sabores de Margaritas!!!

5 Margarita Flavors!!!



**MAR
GAR
ITAS**
\$24.99

ASK NOT TO REQUEST MODIFICATIONS (UNLESS OF ANY FOOD ALLERGIES) TO FULLY EXPERIENCE THE EL TENAMPA CREATED WITH LOVE FLAVORS OF THE PLATES THAT EL TENAMPA CREATED WITH LOVE.



LE PEDIMOS NO SOLICITAR MODIFICACIONES EN LOS PLATILLOS (A MENOS QUE SEA POR UNA REACCIÓN ALÉRGICA) PARA QUE PUEDA DISFRUTAR DE MANERA COMPLETA LA EXPERIENCIA DE SABOR QUE EL TENAMPA HA CREADO CON AMOR.



AFTER 2 CHIPS BASKETS PER TABLE, THERE WILL BE AN ADDITIONAL CHARGE.



NO MORE THAN 3 ALCOHOLIC DRINKS PER PERSON PERMITTED.



MÁXIMO 3 BEBIDAS ALCOHÓLICAS POR PERSONA.



BEBIDAS

Soft Drinks

Pepsi, Diet Pepsi, Sierra Mist, Dr Pepper, Sweet & Unsweet Tea.

Jarritos, Agua Mineral.

AGUAS FRESCAS

Mango, Horchata, Guayaba, Limón, Piña, Melón.

Mango, Horchata (Rice & cinnamon flavored water), Guava, Lime, Pineapple, Cantaloupe.

