4565 W IRLO BRONSON MEMORIAL HWY,
KISSIMMEE, FL 34746

(407) 397-1981

BOTANAS
Appetizers

Tenampa Sampler $14.99
Guacamole $7.99
Queso Fundido $10.99 + Chorizo $2.99
Taquitos Dorados $8.99
Queso Dip $8.99
Viva Mexico $7.99
Esquite $8.99

Tacos $3.75 Sopes $6.99

Tortas $11.99

Al Pastor Asada Birria Buche Camaron+ $1.00
Carnitas Cecina Chorizo Cueritos
Lengua + $.50 Milanesa de Res o Pollo
Pescado + $1.00 Tripa

DESAYUNOS
Breakfast 10 A.M. - 12 P.M.

HUEVOS A LA MEXICANA
Eggs with onions, tomatoes & jalapeños.

HUEVOS CON NOPALITOS
Eggs with cactus.

HUEVOS MONTADOS
Steak & eggs.

HUEVOS RANCHEROS
Fried eggs with red sauce.

HUEVOS CON JAMON
Ham & eggs

CHILAQUILES VERDES O ROJOS
Red or green

Two chip basket per table
Dos canastas de chips por mesa

NACHOS

Asada, Cerdo o Pollo	**$11.99**
Camaron o Mixtos	**$14.99**

Servidos con queso dip, frijoles, lechuga, guacamole, pico de gallo, crema y jalapeños!

Served with cheese dip, beans, lettuce, guacamole, pico de gallo, sour cream & jalapeños!

18% GRATUITY WILL BE INCLUDED IN PARTY OF 6 OR MORE.

EN MESAS DE 6 PERSONAS O MAS, SE INCLUIRA 18% DE PROPINA.

PLATOS TIPICOS MEXICANOS
Typical Mexican Dishes

INCLUYE ARROZ Y FRIJOL

INCLUDES RICE & REFRIED BEANS

CHILAQUILES VERDES O ROJOS $12.99
POLLO O ASADA *Red or Green*

CHILE RELLENO DE QUESO $12.99
Stuffed pepper with cheese

ENCHILADAS VERDES O ROJAS $14.99
Red or Green

ENCHILADAS DE MOLE $15.99

FLAUTAS $12.99

COMBO DE TAMALES $12.99

Tostadas

Ceviche o Camaron $6.99
Shrimp

Carne Asada o Al Pastor $5.99
Steak or Marinated Pork

ENSALADAS
Salads

POLLO O CARNE
CHICKEN OR STEAK

Tenampa Salad
$11.99

Taco Salad
$12.99

VEGETARIANOS
Vegetarian Dishes

INCLUYE ARROZ Y FRIJOL

INCLUDES RICE & REFRIED BEANS

VEGETARIAN QUESADILLA $12.99
FLOUR TORTILLA STUFFED WITH CHEESE, MUSHROOMS, ONIONS, BELL PEPPERS & TOMATOES.

VEGETARIAN FAJITA $14.99
SAUTEED MUSHROOMS, ONIOS, BELL PEPPERS,SQUASH, BROCCOLI & CAULIFLOWER.

VEGETARIAN COMBO $13.99
BEAN BURRITO & CHEESE ENCHILADA

Combos $13.99

ESCOGE DOS: **1 TACO 1 CHILE RELLENO**
CHOOSE TWO: **1 BURRITO 1 ENCHILADA**
1 TAMAL

Servidos con arroz y frijol.
Served with rice & refried beans.

18% GRATUITY WILL BE INCLUDED IN PARTY OF 6 OR MORE.

EN MESAS DE 6 PERSONAS O MAS, SE INCLUIRA 18% DE PROPINA.

ESPECIALES DE LA CASA

House Specials

FIESTA TENAMPA $74.99
PARA 4 PERSONAS
FOR 4 PEOPLE

COMBINACION DE CARNES A LA PARILLA CON TOMATES, CEBOLLA Y PIMIENTOS.
SERVIDO CON ARROZ, FRIJOL Y ENSALADA.

COMBINATION OF GRILLED MEATS WITH TOMATOES, ONIONS & BELL PEPPERS.
SERVED WITH RICE, BEANS & SALAD.

BIRRIADILLAS $15.99
ORDEN DE 3 QUESADILLAS DE BIRRIA CON CONSOME

ORDER OF 3 BIRRIA QUESADILLAS WITH BROTH

PARRILLADA EL TENAMPA
FOR ONE $19.99 FOR TWO $35.99

RIB-EYE CON CAMARONES $28.99
Rib-eye Steak with Shrimp

MOLCAJETE $44.99
CAMARONES, PESCADO, BISTEC, POLLO, CERDO Y CHORIZO A LA PARRILLA.

GRILLED SHRIMP, FISH FILLET, STEAK, CHICKEN, PORK & CHORIZO.

ALAMBRE $19.99
CARNE DE RES, AL PASTOR, POLLO, CHORIZO Y QUESO FUNDIDO.
SERVIDO CON GUACAMOLE LECHUGA Y PICO DE GALLO.

STEAK, AL PASTOR, CHICKEN, CHORIZO TOPPED WITH MOZZARELLA CHEESE.
SERVED WITH GUACAMOLE & PICO DE GALLO.

MILANESA DE RES O POLLO $16.99
Breaded Steak or Chicken

SERVIDO CON ARROZ, FRIJOL, AGUACATE, TOMATE Y LECHUGA.

SERVED WITH RICE, BEANS, AVACDO, TOMATOES & LETTUCE.

STEAKS

EL TENAMPA STEAK **$24.99**

RIB-EYE RANCHERO **$25.99**

STEAK TAMPIQUENA **$23.99**
ACOMPANADO CON UNA ENCHILADA DE MOLE.

SERVED WITH A MOLE ENCHILADA.

BISTEC ENCEBOLLADO **$17.99**

BISTEC A LA MEXICANA **$17.99**
STEAK WITH ONIONS, TOMATOES & JALAPEÑOS.

CARNE ASADA **$19.99**

CADA PLATO INCLUYE ARROZ, FRIJOL Y TORTILLAS DE MAIZ HECHA A MANO.

EACH DISH INCLUDES RICE, REFRIED BEANS & HANDMADE CORN TORTILLAS.

CERDO
Pork

CARNITAS DE CERDO **$12.99**

CHULETA AHUMADA **$15.99**
Smoked Pork Chop

CHULETA A LA PLANCHA $15.99
Grilled Pork Chop

SERVIDOS CON ARROZ Y FRIJOL.

SERVED WITH RICE & REFRIED BEANS.

CECINA A LA PLANCHA $17.99

CECINA EN SALSA $18.99
Salsa Roja o Verde *Red or Green Sauce*

COSTILLAS DE RES A LA PLANCHA $20.99

ARRACHERA EL TENAMPA $24.99
SERVIDO CON CEBOLLA CAMBRAY, NOPAL Y CHILE TORAEDO.

SERVED WITH A GRILLED CAMBRAY ONION, CACTUS & GRILLED JALAPEÑO.

Consuming raw or undercooked meats, poultry, seafood, shellfish, eggs or unpasteurized milk may increase your risk of food-borne illnesses

El consumo de carnes crudas o poco cocidas, mariscos, huevos o leche no pasteurízala, puede incrementar el riesgo de intoxicación

MARISCOS
Seafood

SERVIDOS CON ARROZ, VEGETALES Y ENSALADA

SERVED WITH RICE, VEGTABLES & SALAD

FIESTA DE MARISCOS **$29.99**
Seafood Mix

PESCADO A LA PLANCHA **$15.99**
Grilled Fish

PESCADO EMPANIZADO **$16.99**
Breaded Fish

PESCADO A LA MEXICANA **$19.99**
Grilled Fish with Onion, Tomatoes & Jalapeño

PECADO A LA VERACRUZANA **$19.99**

MOJARRA FRITA AL GUASTO **$M.P**
Fried Porgie

MOJARRA A LA DIBLA **$M.P**
Devil Style Porgie

MOJARRA AL MOJO DE AJO **$M.P**
Garlic Style Porgie

CAMARONES EMPANIZADOS **$18.99**
Breaded Shrimp

CAMARONES AL MOJO DE AJO **$18.99**
Garlic Shrimp

CAMARONES A LA DIABLA **$18.99**
Devil Shrimp

CALDO DE CAMARON **$15.99**
Shrimp Soup

ESPECIALES DE LA CASA

COCTEL DE CAMARON **$15.99**

SIETE MARES **$16.99**

CEVICHE DE CAMARON **$12.99**

BURRITOS & QUESADILLAS

AL PASTOR ASADA BIRRIA BUCHE CAMARON+ $1.00
CARNITAS CECINA CHORIZO CUERITOS
LENGUA + $.50 MILANESA DE RES O POLLO
PESCADO + $1.00 TRIPA

BURRITO	$12.99
BURRITO MIXTO	$15.99
BURRITO MOJADO	$14.99
BURRITO MOJADO MIXTO	$16.99

QUESADILLA	$12.99
QUESADILLAS CASERAS	$13.99
QUESADILLA MIXTA	$16.99
CHIMICHANGA	$12.99
HUARACHE	$13.99

SERVIDAS CON ARROZ Y FRIJOL.

SERVED WITH RICE & REFRIED BEANS.

Fajitas

FAJITA DE POLLO
Chicken
FOR ONE: $15.99 FOR TWO: $27.99

FAJITA DE RES
Steak
FOR ONE: $18.99 FOR TWO: $32.99

FAJITA DE CAMARON
Shrimp
FOR ONE: $20.99 FOR TWO: $37.99

FAJITA MIXTA
Mix
FOR ONE: $20.99 FOR TWO: $37.99

POLLO *Chicken*

ESPECIAL PECHUGA ASADA $20.99
SERVIDA CO CEBOLLA, PIMIENTOS, CHAMPINONES, ZANAHORIAS Y PAPA HORNEADA.

SERVED WITH ONIONS, BELL PEPPERS, MUSHROOMS, CARROTS & A BAKED POTATO.

POLLO EN MOLE ROJO $15.99

POLLO AL CHIPOTLE $15.99

POLLO DE LA CASA $17.99
CON QUESO Y HONGOS

WITH CHEESE DIP & MUSHROOMS

PECHUGA A LA PLANCHA $14.99

FINES DE SEMANA
Weekends

MENUDO	**$13.99**
CALDO DE RES	**$13.99**
BIRRIA	**$12.99**
POZOLE	**$13.99**

POSTRES
Desserts

PASTEL TRES LECHES

FLAN NAPOLITANO

HELADO FRITO

CHURROS

EL CARRITO

CHEESECAKE

EL DORADO

ORDENES EXTRAS

TORTILLAS	**$2.50**
ARROZ	**$3.25**
FRIJOLES	**$3.25**
TAMAL	**$3.50**
CREMA	**$2.99**
MOZARELLA	**$2.99**
AGUACATE	**$3.25**
NOPALES	**$3.99**
PICO DE GALLO	**$3.25**
CHIPS Y SALSA	**$4.99**
QUESO FRESCO	**$3.99**
GUACAMOLE CHICO	**$3.99**
CHILES TOREADOS	**$3.25**
CEBOLLA CAMBRAY	**$3.25**

SODAS
Soft Drinks

PEPSI, DIET PEPSI, SIERRA MIST, DR PEPPER
SWEET Y UN-SWEET TEA

JARRITOS & COCA COLA MEXICANA

AGUAS FRESCAS
Fresh Juices